Africana Studies (AS)

See also Multicultural Studies

Contact the Multicultural Studies Department for further information. (760) 744-1150, ext. 2206
Office: MD-354
For transfer information, consult a Palomar College Counselor.

COURSE OFFERINGS

AS 100 Introduction to African American Studies (3)
3 hours lecture
Transfer acceptability: CSU; UC
The ancient and modern histories and civilizations of Africana peoples. An emphasis on the Africana presence and impact on global historical processes.

AS 101 African American History I (3)
3 hours lecture
Note: This course plus AS 102 meets the State requirement in American History and Institutions.
Transfer acceptability: CSU; UC - maximum credit for one pair: AS 101-102 or HIST 101-102
African Americans in the history of the United States from Africa through Reconstruction with particular emphasis on the trans Atlantic slave trade; the colonial period; the Revolution; constitutional development; development of the plantation system; slavery on and off the plantation; the free Negro in the North and South; westward expansion and frontier influences; emergence of sectionalism, the anti slavery movement; impact of, and contributions to, the Civil War; Reconstruction and post war adjustments; Black leadership; and the antebellum legacy.

AS 102 African American History II (3)
3 hours lecture
Note: This course plus AS 101 meets the State requirement in American History and Institutions.
Transfer acceptability: CSU; UC - maximum credit for one pair: AS 101-102 or HIST 101-102
Cultural, economic, and political development of African Americans in the United States since Reconstruction. Emphases on post Civil War difficulties; the Westward Movement; expressions of cultural identity; industrial development; impact of World Wars I and II on urbanization and social mobility; expansion of government activity; Civil Rights Era and modern militancy; Black leadership; and the United States as a world power.

AS 115 Introduction to African American Literature (3)
3 hours lecture
Transfer acceptability: CSU; UC
Selected literatures of Africana peoples. Examination of the principles of aesthetics, theme, philosophy and religion, and the impact of cross cultural exchanges on the literature.

AS 120 Introduction to Africana Social Institutions and Behavior (3)
3 hours lecture
Transfer acceptability: CSU; UC
Social institutions and their influence on the behavior of Africana peoples. Analysis of facts, principles, and concepts basic to understanding human behavior.

AS 125 Africana Peoples and the World Political Economy (3)
3 hours lecture
Transfer acceptability: CSU; UC
Socio political economic institutions and forces operative in the Africana world. Analysis of the economic and political motives based in the slave trade, colonialism, and underdevelopment.

AS 126 Cultures of Africa (3)
3 hours lecture
Note: Cross listed as ANTH 126.
Transfer acceptability: CSU; UC
Introduction to the indigenous peoples and cultures of Africa. Brief prehistoric and historic background of the continent. Comparative study of traditional cultures representative of the continent's diversity. Focus on social, economic, political, religious and aesthetic life, and culture change.

Alcohol and Other Drug Studies (AODS)

Contact James Fent for further information. (760) 744-1150, ext. 2188
Office: MD-243
For transfer information, consult a Palomar College Counselor.

Associate in Science Degrees -
AS Degree requirements are listed in Section 6 (green pages).
• Alcohol and Other Drug Studies

Certificates of Achievement -
Certificate of Achievement requirements are listed in Section 6 (green pages).
• Alcohol and Other Drug Studies

PROGRAM OF STUDY

Alcohol and Other Drug Studies

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

A.S. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>PSYC 100</td>
<td>Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC/SOC/</td>
<td>Introduction to Alcohol and Other Drug Studies</td>
<td>3</td>
</tr>
<tr>
<td>AODS 150</td>
<td>The Physiology and Pharmacology of Psychoactive Drugs</td>
<td>3</td>
</tr>
<tr>
<td>AODS 155</td>
<td>Prevention, Intervention, and Education</td>
<td>3</td>
</tr>
<tr>
<td>PSYC/SOC/</td>
<td>Psychology of Abnormal Behavior</td>
<td>3</td>
</tr>
<tr>
<td>AODS 160</td>
<td>Group Leadership and Process</td>
<td>3</td>
</tr>
<tr>
<td>PSYC/SOC/</td>
<td>Case Management, Law and Ethics</td>
<td>3</td>
</tr>
<tr>
<td>AODS 250</td>
<td>Chemical Dependency Family Counseling</td>
<td>3</td>
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<tr>
<td>PSYC/SOC/</td>
<td>Directed Field Experience II</td>
<td>6</td>
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Group One (Select 3 units)

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<tr>
<th>Course Code</th>
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<tr>
<td>SOC 100</td>
<td>Introduction to Sociology</td>
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<td>SOC 110</td>
<td>Social Problems</td>
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Group Two (Select 4-5 units)

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>AODS 140</td>
<td>Introduction to Psychological and Social Services</td>
<td>4</td>
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<tr>
<td>PSYC/SOC/</td>
<td>AODS 298  Directed Field Experience I</td>
<td>5</td>
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</table>

**TOTAL UNITS 37 - 38**

Alcohol and Other Drug Studies is also listed in Psychology.

### COURSE OFFERINGS

**AODS 140  Introduction to Psychological and Social Services**

3 hours lecture - 3 hours laboratory

**Note:** Cross listed as PSYC 140/SOC 140

**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. An overview of the field of human services, including alcohol and other drug treatment. The roles of psychologists, sociologists, social workers, family therapists, social service assistants and addiction counselors are compared and contrasted, and the issues they deal with are described. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry-level employment are observed, practiced, and evaluated under supervision.

**AODS 150  Introduction to Alcohol and Other Drug Studies**

3 hours lecture

**Note:** Cross listed as PSYC 150/SOC 150

**Transfer acceptability:** CSU

Examines alcohol, tobacco and psychoactive drugs in society. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered.

**AODS 155  The Physiology and Pharmacology of Psychoactive Drugs**

3 hours lecture

**Note:** Cross listed as PSYC 155/SOC 155

**Transfer acceptability:** CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff’s syndrome and other nutritional deficiencies.

**AODS 160  Prevention, Intervention, and Education**

3 hours lecture

**Note:** Cross listed as PSYC 160/SOC 160

**Transfer acceptability:** CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

**AODS 250  Group Leadership and Process**

3 hours lecture

**Note:** Cross listed as PSYC 250/SOC 250

**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual’s firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

**AODS 255  Case Management, Law and Ethics**

3 hours lecture

**Note:** Cross listed as PSYC 255/SOC 255

**Transfer acceptability:** CSU

This course reviews the principles and practice of case management in addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, and documentation. Professional and ethical codes of conduct and behavior are also reviewed and emphasized.

**AODS 260  Chemical Dependency Family Counseling**

3 hours lecture

**Note:** Cross listed as PSYC 260/SOC 260

**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. The student intern will have an opportunity to observe human service providers working with clients in agency settings. Ethical guidelines for helping professions, developing cultural competence, stages of change and motivational interviewing as a helping style are discussed. Interns practice interviewing skills for increasing motivation for positive change.

**AODS 298  Directed Field Experience I**

3 hours lecture - 6 hours laboratory

**Note:** Cross listed as PSYC 298/SOC 298

**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. The student intern will have an opportunity to observe human service providers working with clients in agency settings. Ethical guidelines for helping professions, developing cultural competence, stages of change and motivational interviewing as a helping style are discussed. Interns practice interviewing skills for increasing motivation for positive change.

**AODS 299  Directed Field Experience II**

3 hours lecture - 9 hours laboratory

**Prerequisite:** A minimum grade of ‘C’ in AODS 140/SOC 140/PSYC 140 or AODS 298/SOC 298/PSYC 298

**Note:** Cross listed as PSYC 299/SOC 299

**Transfer acceptability:** CSU

Supervised internship in an alcohol and other drug treatment facility. This course emphasizes advanced concepts in chemical dependency. Students refine their skills for the 12 core functions of effective clinical practice and compile a professional portfolio in preparation for the state certifying written exam. This course meets the 45-hour supervised practicum requirement for the California Certification Board of Alcohol and Drug Counselors.

### American Indian Languages

See American Indian Studies and Foreign Languages

### American Indian Studies (AIS)

Contact the American Indian Studies Department for further information.

(760) 744-1150, ext. 2425

Office: MD-140

For transfer information, consult a Palomar College Counselor.

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- American Indian Studies