JOUR 205  Intermediate Multimedia News Writing and Production (3)
1½ hours lecture - 4½ hours laboratory
Transfer acceptability: CSU
C-ID JOUR 210
Intermediate work in reporting, writing, editing and multimedia projects for The Telescope, Palomar’s campus newspaper. Continuation of beat reporting, interviewing and public affairs reporting. Introduction of page layout, graphic design and photography.

JOUR 210  Advanced Multimedia News Production (3)
1½ hours lecture - 4½ hours laboratory
Transfer acceptability: CSU

JOUR 215  Advanced Multimedia News Editing (3)
1½ hours lecture - 4½ hours laboratory
Transfer acceptability: CSU

JOUR 295  Directed Study in Journalism (1, 2, 3)
3, 6, or 9 hours laboratory
Prerequisite: Approval of project or research by department chairperson/director
Transfer acceptability: CSU
Independent study for students who have demonstrated skills and/or proficiencies in Journalism subjects and have the initiative to work independently on projects or research outside the context of regularly scheduled classes. Students will work under the personal supervision of an instructor.

Judaic Studies (JS)
See also Multicultural Studies

Contact the Multicultural Studies Department for further information. (760) 744-1150, ext. 2206
Office: MD-354

COURSE OFFERINGS

JS 106  Introduction to Judaism I (3)
3 hours lecture
Note: Cross listed as RS 106
Transfer acceptability: CSU; UC
The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.

JS 107  Introduction to Judaism II – Culture (3)
3 hours lecture
Note: Cross listed as RS 107
Transfer acceptability: CSU; UC
A survey of the cultural and historical roots of the Jewish people from 2000 B.C. to the present; their role in the ancient Near East; relationships in the Western World from the Greco Roman period to the post World War II era; creation and development of the state of Israel; cultural, religious, and political impact on America and the world community.

Kinesiology
Formerly Physical Education
See also Athletics and Competitive Sports

Contact the Department of Health, Kinesiology and Recreation Management for further information. (760) 744-1150, ext. 2459
Office: O-10

Associate in Arts Degrees -
AA Degree requirements are listed in Section 6 (green pages).
• Kinesiology

Certificates of Achievement -
Certificate of Achievement requirements are listed in Section 6 (green pages).
• Adult Fitness and Health

PROGRAMS OF STUDY

Adult Fitness and Health
Training for fitness instructors and lifestyle educators in designing, implementing and managing a variety of health/fitness programs.

CERTIFICATE OF ACHIEVEMENT

Program Requirements

Group I (Select a minimum of 3 units)

CE 100  Cooperative Education
ENG 100  English Composition
MATH 120  Elementary Statistics
SPCH 100  Oral Communication

Group II (Select a minimum of 3 units)

NUTR 170  Nutrition: Eating Disorders and Obesity
PSYC 115  The Psychology of Personal Growth and Development
PSYC 210  Physiological Psychology
SOC/PSYC 125  Human Sexuality
ZOO 203  Anatomy

Group III (Select a minimum of 1 unit)

KINE 103  Evaluative Fitness
KINE 125A  Aerobic Fitness Training Modes
KINE 125B  Anaerobic Fitness Training Modes
KINE 125C  Functional Fitness Training Modes
KINE 125D  Motor Fitness/Hand-Eye/Foot Skills
KINE 130  Individualized Fitness Exercise
KINE 165A  Beginning Softball
KINE 165C  Advanced Softball
KINE 168A  Beginning Soccer
KINE 168B  Intermediate Soccer
KINE 168C  Advanced Soccer
KINE 170A  Team Sports - Baseball Strategies
KINE 170B  Team Sports - Baseball Biomechanics
KINE 170C  Team Sports - Basketball Strategies
KINE 170D  Team Sports - Basketball Biomechanics
KINE 170E  Team Sports - Football Strategies
KINE 170F  Team Sports - Football Biomechanics
KINE 170G  Team Sports - Soccer Strategies

See Catalog addendum at http://www.palomar.edu/catalog