## Recreation Agency Leader

Provides the skills necessary for work as a leader in a municipal or private recreation program.

### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

<table>
<thead>
<tr>
<th>Required Courses</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>AJ 100 Introduction To Criminal Justice</td>
<td>3</td>
</tr>
<tr>
<td>BMGT 105 Small Business Management</td>
<td>3</td>
</tr>
<tr>
<td>CE 100 Cooperative Education</td>
<td>1 - 4</td>
</tr>
<tr>
<td>EME 100/HE 104 Emergency Medical Responder</td>
<td>3</td>
</tr>
<tr>
<td>HE 100 Health Education and Fitness Dynamics</td>
<td>3</td>
</tr>
<tr>
<td>REC 110 Community Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 120 Recreational Team Sports</td>
<td>2</td>
</tr>
</tbody>
</table>

**Group I (Select 1 of the following courses)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 206 Coaching of Women’s Team Sports</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 229 Lifeguarding</td>
<td>1.5</td>
</tr>
<tr>
<td>KINE 230 Lifeguarding and Emergency Response</td>
<td>3</td>
</tr>
<tr>
<td>MUS 197 Topics in Music</td>
<td>0.5 - 3</td>
</tr>
</tbody>
</table>

**Group II (Select 1 of the following courses)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>HE 100L Health Performance Lab</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 130 Individualized Fitness Exercise</td>
<td>1 - 2</td>
</tr>
</tbody>
</table>

**Group III (Select 1 of the following courses)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 170A Team Sports - Baseball Strategies</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 170C Team Sports- Basketball Strategies</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 170E Team Sports- Football Strategies</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 170G Team Sports- Soccer Strategies</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 170K Team Sports-Volleyball Strategies</td>
<td>1 - 2</td>
</tr>
<tr>
<td>KINE 175A Psychology of Specific Athletic Competition - Contact</td>
<td>2</td>
</tr>
<tr>
<td>KINE 175B Psychology of Specific Athletic Competition - Minimal Contact</td>
<td>2</td>
</tr>
<tr>
<td>KINE 175C Psychology of Specific Athletic Competition - Non-Contact</td>
<td>2</td>
</tr>
<tr>
<td>KINE 175D Psychology of Specific Athletic Competition - Skilled</td>
<td>2</td>
</tr>
</tbody>
</table>

**Group IV (Select 1 of the following courses)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 210 Professional Prep for Football - Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 210L Professional Prep for Football Lab-Biomechanical Application</td>
<td>1 - 1.5</td>
</tr>
<tr>
<td>KINE 211 Professional Prep for Basketball - Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 211L Professional Preparation for Basketball Lab</td>
<td>1 - 1.5</td>
</tr>
<tr>
<td>KINE 212 Professional Prep for Baseball-Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 212L Professional Prep for Baseball Lab-Biomechanical Application</td>
<td>1 - 1.5</td>
</tr>
<tr>
<td>KINE 215 Professional Prep for Wrestling - Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 215L Professional Prep/Wrestling Lab-Biomechanical Application</td>
<td>1 - 1.5</td>
</tr>
<tr>
<td>KINE 216 Professional Prep for Golf-Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 216L Professional Prep for Golf Lab-Biomechanical Application</td>
<td>1 - 1.5</td>
</tr>
<tr>
<td>KINE 217 Professional Prep Tennis - Theory and Mental Preparation</td>
<td>3</td>
</tr>
<tr>
<td>KINE 217L Professional Prep Tennis Lab-Biomechanical Application</td>
<td>1 - 1.5</td>
</tr>
</tbody>
</table>

**TOTAL UNITS**

21.5 - 31

---

## Registered Dental Assisting

See Dental Assisting

## Religious Studies (RS)

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information.

(760) 744-1150, ext. 2330
Office: MD-261

### COURSE OFFERINGS

**RS 101 World Religions**

3 hours lecture

Transfer acceptability: CSU; UC

A comparative study of the practices, beliefs, institutions, and core characteristics of the major religions of the world: Western, Asian, and indigenous.

**RS 102 Religion in American History**

3 hours lecture

Transfer acceptability: CSU; UC

Examines the role of religion and religious groups in key events, time periods, regions, and institutions of the United States. The course concentrates on the interaction of religious groups with each other and with the larger society, particularly in relation to political, economic, geographical, and cultural life of the nation. Topics include colonialism, the Revolution, anti-slavery, the expansion west, the Civil War, immigration, the World Wars, the Great Depression, the Civil Rights Movement, and the 1960s.

**RS 104 Introduction to Buddhism**

3 hours lecture

Transfer acceptability: CSU; UC

Introduction to the core practices, beliefs, institutions, and characteristics of Buddhist communities.

**RS 105 Ritual/Symbol/Myth: Ways of Understanding Religion**

3 hours lecture

Transfer acceptability: CSU; UC

The course introduces students to the religious dimensions of ritual, symbol, and myth in order to explore the nature of religion in traditional settings and in the popular cultures of the present.
RS 106  Introduction to Judaism I  (3)  
3 hours lecture  
Note: Cross listed as JS 106  
Transfer acceptability: CSU; UC  
The philosophy, religion and ethnic culture of the Jewish people from the 
Patriarchs and Prophets through the modern branches of Judaism. Topics covered 
include Torah, Talmud, various commentaries and movements affecting Judaism; 
ceremonies, artifacts, and language.

RS 107  Introduction to Judaism II – Culture  (3)  
3 hours lecture  
Note: Cross listed as JS 107  
Transfer acceptability: CSU; UC  
A survey of the cultural and historical roots of the Jewish people from 2000 B.C. 
to the present; their role in the ancient Near East; relationships in the Western 
World from the Greco Roman period to the post World War II era; creation 
and development of the state of Israel; cultural, religious, and political impact on 
America and the world community.

RS 108  History of Christianity  (3)  
3 hours lecture  
Transfer acceptability: CSU; UC  
A survey of movements, institutions, and communities in the history of Christia 
ity from the first century to the twentieth century. Concentrates on socio-
political influences, contexts, and consequences related to Christian history.

RS 110  Religion in America  (3)  
3 hours lecture  
Transfer acceptability: CSU; UC  
Introduces students to core practices, beliefs, and institutions of religions in the 
United States. The course also focuses on the interactions of religious communi-
ties with national culture of the United States, particularly in regards to social 
factors of race, ethnicity, class, age, and gender. Study concentrates on “religion” 
associated with Native Americans, Asian Americans, Latinos, African Americans, 
Jewish communities, Roman Catholics, Protestants, Muslims, Buddhists, and a va-
riety of others.

RS 124  Islamic Cultures and Traditions  (3)  
3 hours lecture  
Note: Cross listed as MCS 124  
Transfer acceptability: CSU; UC  
An introductory course designed for students with a general interest in the Is-
lamic world, including its history and cultural traditions. Examines the main social, 
traditional and legal institutions of Islam.

RS 197  Religious Studies Topics  (1-3)  
Units awarded in topics courses are dependent upon the number of lecture hours 
required of the student. Refer to Class Schedule.  
Transfer acceptability: CSU; UC - Credit determined by UC upon review of course 
syllabus.  
Topics in Religious Studies. See Class Schedule for specific topic offered. Course 
title will designate subject covered.

Secretarial  
See Business (BUS)

Sign Language  
See American Sign Language

Sociology (SOC)  
See also American Indian Studies, Africana Studies, Chicano Studies  
Contact the Behavioral Sciences Department for further information.  
(760) 744-1150, ext. 2329  
Office: MD-241  
For transfer information, consult a Palomar College Counselor.

Associate in Arts for Transfer -  
AA-T, IGETC, and CSUGE requirements are listed in Section 6 (green pages).  
• Sociology

Sociology  
Sociology is the study of social behavior and human groups and focuses on so-
cial relationships, how those relationships influence people’s behavior and beliefs, 
and how societies develop and change. Students will learn the main theoretical 
approaches in sociology that explain society on both a micro level through the 
study of social interaction, and on a macro scale through the study of large social 
institutions. The curriculum for the Associate in Arts in Sociology for Transfer is 
intended to develop critical thinking skills, to explore the diversity of our social 
world, and to adequately prepare students for transfer to an upper division pro-
gram in Sociology. This degree allows students the opportunity to meet the lower 
division transfer requirements for a major in Sociology.

ASSOCIATE IN ARTS  
FOR TRANSFER MAJOR  
Program Requirements  
Courses may be double-counted between the GE course work and the major.

California State University General Education (CSUGE) pattern 39  
OR  
Intersegmental General Education Transfer Curriculum (IGETC-CSU) 37  
Major Requirements 18-19  
Transferable Electives (dependent upon GE pattern and double-counting) 11-20  
TOTAL PROGRAM UNITS 60

Required  
SOC 100  Introduction to Sociology 3  
List A (Select 2 courses)  
SOC 110  Social Problems 3  
PSYC/  
SOC 205  Statistics for the Behavioral Sciences 4  
PSYC 230  Research Methods in Psychology 4  
List B (Select 2 courses)  
SOC/  
PSYC 105  Marriage, Family and Intimate Relationships 3  
SOC 135  Gender and Society 3  
SOC/AMS/  
MCS 200  Race, Class, and Ethnic Groups in America 3  
List C (Select 1 course)  
SOC 115  Introduction to Women’s Studies 3  
SOC/  
PSYC 125  Human Sexuality 3  
SOC 130  Introduction to Sociology of Health 3  
SOC 145/  
PSYC 145  Psychology and Sociology of Aging 3  
SOC 165  Self and Society 3  
TOTAL UNITS 19 - 20