

**AS 125 Africana Peoples and the World Political Economy (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 Socio political economic institutions and forces operative in the Africana world. Analysis of the economic and political motives based in the slave trade, colonialism, and underdevelopment.

**AS 126 Cultures of Africa (3)**  
 3 hours lecture  
**Note:** Cross listed as ANTH 126.  
**Transfer acceptability:** CSU; UC  
 Introduction to the indigenous peoples and cultures of Africa. Brief prehistoric and historic background of the continent. Comparative study of traditional cultures representative of the continent's diversity. Focus on social, economic, political, religious and aesthetic life, and culture change.

## Alcohol and Other Drug Studies (AODS)

Contact the Behavioral Sciences Department for further information.  
 (760) 744-1150, ext. 2329  
 Offices: W-1 or W-16  
 For transfer information, consult a Palomar College Counselor.

### Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).  
 • Alcohol and Other Drug Studies

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • Alcohol and Other Drug Studies

### PROGRAM OF STUDY

## Alcohol and Other Drug Studies

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
PSYC 100 Introduction to Psychology	3
PSYC/SOC/ AODS 150 Introduction to Chemical Dependency	3
PSYC/SOC/ AODS 155 The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160 Prevention, Intervention, and Education	3
PSYC 225 Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250 Group Leadership and Process	3
PSYC/SOC/ AODS 255 Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260 Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299 Directed Field Experience II	6

### Group One (Select 3 units)

SOC 100 Introduction to Sociology	3
SOC 110 Social Problems	3

### Group Two (Select 4-5 units)

PSYC/SOC/ AODS 140 Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298 Directed Field Experience I	5

**TOTAL UNITS 37 - 38**

Alcohol and Other Drug Studies is also listed in Psychology and in Sociology.

### COURSE OFFERINGS

#### AODS 140 Introduction to Psychological and Social Services (4)

3 hours lecture-3 hours laboratory  
**Note:** Cross listed as PSYC 140/SOC 140  
**Transfer acceptability:** CSU

An overview of the theoretical basis of counseling skills, including social work, psychodynamic, behavioral, and client-centered approaches. The roles of psychologists, sociologists, social workers, family therapists, and therapeutic support providers are compared and contrasted, and the issues they deal with are described. This course provides students with an opportunity to observe actual practices of human services providers working as interdisciplinary team members in an agency setting. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry level employment are observed, practiced, and evaluated under supervision.

#### AODS 150 Introduction to Chemical Dependency (3)

3 hours lecture  
**Note:** Cross listed as PSYC 150/SOC 150  
**Transfer acceptability:** CSU

This basic course will provide a historical perspective on alcohol and other psychoactive drug abuse and its impact on the community. An interdisciplinary approach will be used. Topics will include definitions, sociocultural factors related to use and/or abuse, identification of issues and models of dependency and recovery, and analysis of the effectiveness of policies and programs.

#### AODS 155 The Physiology and Pharmacology of Psychoactive Drugs (3)

3 hours lecture  
**Note:** Cross listed as PSYC 155/SOC 155  
**Transfer acceptability:** CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

#### AODS 160 Prevention, Intervention, and Education (3)

3 hours lecture  
**Note:** Cross listed as PSYC 160/SOC 160  
**Transfer acceptability:** CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

#### AODS 250 Group Leadership and Process (3)

3 hours lecture  
**Note:** Cross listed as PSYC 250/SOC 250  
**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

**AODS 255 Treatment Modalities, Law and Ethics (3)**  
 3 hours lecture  
**Note:** Cross listed as PSYC 255/SOC 255  
**Transfer acceptability:** CSU  
 This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.

**AODS 260 Chemical Dependency Family Counseling (3)**  
 3 hours lecture  
**Note:** Cross listed as PSYC 260/SOC 260  
**Transfer acceptability:** CSU  
 This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

**AODS 298 Directed Field Experience I (5)**  
 3 hours lecture-6 hours laboratory  
**Note:** Cross listed as PSYC 298/SOC 298  
**Transfer acceptability:** CSU  
 Principles of interpersonal conflict dynamics and approaches for conflict resolution are analyzed. Non-directive, directive and behavior modification skills that are used to increase motivation for positive behavioral change are compared and evaluated. Field placement provides students with an opportunity to observe human services providers dealing with conflict in agency settings using structured and informal conflict resolution approaches. Interns are also provided with opportunities to practice conflict resolution techniques and skills for increasing motivation for positive change.

**AODS 299 Directed Field Experience II (6)**  
 3 hours lecture-9 hours laboratory  
**Note:** Cross listed as PSYC 299/SOC 299  
**Transfer acceptability:** CSU  
 This course emphasizes advanced concepts in chemical dependency. The functions and consequences of denial and ambivalence are explored in depth, and students refine their skills for the 12 core functions of effective clinical practice. They prepare for the oral California certifying examinations and for entry level positions as alcohol and drug counselors. Students practice these skills in class and under the supervision of agency personnel.

## American Indian Studies (AIS)

Contact the American Indian Studies Department for further information.  
 (760) 744-1150, ext. 2425  
 Office: P-8A  
 For transfer information, consult a Palomar College Counselor.

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • American Indian Studies

### PROGRAM OF STUDY

#### American Indian Studies

Provides cultural background and preparation to enhance employment opportunities with American Indian people.

#### CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
AIS 100 Introduction to American Indian Studies	3
AIS 101 or The American Indian Frontier	
AIS 102 Indian/U.S. Political System	3
AIS 125 American Indians Today	3
AIS/ANTH 130 Prehistoric Cultures of North America	3

#### Electives (Consult with department prior to selection of two additional courses)

AIS 105	History of Native American Arts	3
AIS 110	History of the Plains Indian	3
AIS 115	A History of Southwest Indians	3
AIS 120	Indians of the Americas	3
AIS 135	California Indian Arts	3
AIS/ANTH 140	The Original Californians	3
AIS/FL 141	Elementary Luiseño IA	3
AIS/FL 142	Elementary Luiseño IB	3
AIS/FL 143	Elementary Luiseño IIA	3
AIS/FL 144	Elementary Luiseño IIB	3
AIS 145	American Indian Literature	3
AIS 150	American Indian Philosophy and Religion	3
AIS 151	Elementary Cupeño IA	3
AIS 152	Elementary Cupeño IB	3
AIS 153	Elementary Cupeño IIA	3
AIS 154	Elementary Cupeño IIB	3
AIS 165	Native Women in the Americas	3
AIS 175	American Indian Science and Technology	3
AIS 295	Directed Study in American Indian Studies	3

**TOTAL UNITS 18**

#### COURSE OFFERINGS

**AIS 100 Introduction to American Indian Studies (3)**  
 3 hours lecture

**Transfer acceptability:** CSU; UC  
 American Indian cultures in North America are studied from early cultures to contemporary society. A cross disciplinary approach examines applicable methods and theories from sciences and humanities.

**AIS 101 The American Indian Frontier From Colonialism Through the Present (3)**

3 hours lecture  
**Note:** This course plus AIS 102 meets the State requirement in American History and Institutions.

**Transfer acceptability:** CSU; UC  
 The historical, economic, and cultural development of the American Indian in relation to European and American contact. Extensive use and analysis of historical sources from the colonial period through the present.

**AIS 102 The American Indian and the U.S. Political System(3)**  
 3 hours lecture

**Note:** This course plus AIS 101 meets the State requirement in American History and Institutions.

**Transfer acceptability:** CSU; UC – maximum credit for one course: AIS 102, AIS 110, CS 102

Surveys the role of American Indian people in the U.S. political system and institutions. Includes an examination of American Indian political structures and functions from pre contact period to contemporary as well as analysis of Federal Indian policy and leading issues and organizations that affect the American Indian community.

**AIS 105 History of Native American Arts (3)**  
 3 hours lecture

**Transfer acceptability:** CSU; UC  
 An historical survey encompassing North, Meso, and South American Indian arts from pre-Columbian through contemporary periods. American Indian art forms are examined in terms of cultural context, history of styles, and artists.

**AIS 110 History of the Plains Indian (3)**  
 3 hours lecture

**Transfer acceptability:** CSU; UC  
 An analysis of the Plains Indian. Examines lifestyles, mores, traditions, and tactics of war. Attention will be given to relations with the U.S. Government and to the background and evolution of acculturations.