

Recreation (REC)

Contact the Physical Education Department for further information.
 (760) 744-1150, ext. 2462
 Office: O-10
 For transfer information, consult a Palomar College Counselor.

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

PROGRAMS OF STUDY

Outdoor Leadership

Provides the skills necessary for work as a leader in outdoor activities for federal, state, municipal, and private recreational agencies.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/	
R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
CE 100 Cooperative Education	3,4

TOTAL UNITS 18 - 19

Recommended Elective: PE 230

Recreation Agency Leader

Provides the skills necessary for work as a leader in a municipal or private recreation program.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Required Courses	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/	
R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
REC 120 Recreational Team Sports	2
CE 100 Cooperative Education	1,2,3,4

TOTAL UNITS 18 - 21

Recommended Electives: MUS 197; PE 230

COURSE OFFERINGS

REC 110 Community Recreation (3)

3 hours lecture

Transfer acceptability: CSU

Scope of community recreation; basic philosophy of leisure time agencies and organizations for youth; program planning; playground practices; basic systems of organization; and policy formation.

REC 115 Recreational Leadership (3)

3 hours lecture

Transfer acceptability: CSU

Program planning and principles of group leadership; organized games and special events, playground management.

REC 120 Recreational Team Sports (2)

2 hours lecture

Transfer acceptability: CSU

The planning, organizing, of team sports designed to serve the interest of all people in a recreational setting. The course is designed to provide the methods and organization for group instruction in team sports including softball, soccer, touch football, volleyball, and basketball.

Religious Studies (RS)

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information.
 (760) 744-1150, ext. 2330
 Office: W-1

COURSE OFFERINGS

RS 101 World Religions (3)

3 hours lecture

Transfer acceptability: CSU; UC

A comparative study of the practices, beliefs, institutions, and core characteristics of the major religions of the world: Western, Asian, and indigenous.

RS 102 Religion in American History (3)

3 hours lecture

Transfer acceptability: CSU; UC

Examines the role of religion and religious groups in key events, time periods, regions, and institutions of the United States. The course concentrates on the interaction of religious groups with each other and with the larger society, particularly in relation to political, economic, geographical, and cultural life of the nation. Topics include colonialism, the Revolution, anti-slavery, the expansion west, the Civil War, immigration, the World Wars, the Great Depression, the Civil Rights Movement, and the 1960s.

RS 103 Religious Communities and American Politics (3)

3 hours lecture

Transfer acceptability: CSU; UC

Study of the practices, beliefs, and institutions for diverse communities of faith in the United States. The course focuses on the interaction of groups with the larger culture and institutions of the nation. Communities of study include Native Americans, African-Americans, Protestants, Roman Catholics, Jews, Muslims, Buddhists, Latter Day Saints, Jehovah's Witnesses, and Scientologists, in addition to examination of the United States and California's religious communities.

RS 105 Ritual/Symbol/Myth: Ways of Understanding Religion (3)

3 hours lecture

Transfer acceptability: CSU; UC

The course introduces students to the religious dimensions of ritual, symbol, and myth in order to explore the nature of religion in traditional settings and in the popular cultures of the present.

RS 106 Introduction to Judaism I (3)

3 hours lecture

Note: Cross listed as JS 106

Transfer acceptability: CSU; UC

The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.