

## Recreation (REC)

Contact the Physical Education Department for further information.  
(760) 744-1150, ext. 2462  
Office: O-10  
For transfer information, consult a Palomar College Counselor.

### Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

## PROGRAMS OF STUDY

### Outdoor Leadership

Provides the skills necessary for work as a leader in outdoor activities for federal, state, municipal, and private recreational agencies.

#### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/	
R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
CE 100 Cooperative Education	3,4

**TOTAL UNITS** 18 - 19

Recommended Elective: PE 230

### Recreation Agency Leader

Provides the skills necessary for work as a leader in a municipal or private recreation program.

#### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Required Courses	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/	
R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
REC 120 Recreational Team Sports	2
CE 100 Cooperative Education	1,2,3,4

**TOTAL UNITS** 18 - 21

Recommended Electives: MUS 197; PE 230

## COURSE OFFERINGS

**REC 110 Community Recreation (3)**

3 hours lecture

**Transfer acceptability:** CSU

Scope of community recreation; basic philosophy of leisure time agencies and organizations for youth; program planning; playground practices; basic systems of organization; and policy formation.

**REC 115 Recreational Leadership (3)**

3 hours lecture

**Transfer acceptability:** CSU

Program planning and principles of group leadership; organized games and special events, playground management.

**REC 120 Recreational Team Sports (2)**

2 hours lecture

**Transfer acceptability:** CSU

The planning, organizing, of team sports designed to serve the interest of all people in a recreational setting. The course is designed to provide the methods and organization for group instruction in team sports including softball, soccer, touch football, volleyball, and basketball.

## Religious Studies (RS)

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information.  
(760) 744-1150, ext. 2330  
Office: W-1

## COURSE OFFERINGS

**RS 101 World Religions (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

A comparative study of the practices, beliefs, institutions, and core characteristics of the major religions of the world: Western, Asian, and indigenous.

**RS 102 Religion in American History (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

Examines the role of religion and religious groups in key events, time periods, regions, and institutions of the United States. The course concentrates on the interaction of religious groups with each other and with the larger society, particularly in relation to political, economic, geographical, and cultural life of the nation. Topics include colonialism, the Revolution, anti-slavery, the expansion west, the Civil War, immigration, the World Wars, the Great Depression, the Civil Rights Movement, and the 1960s.

**RS 103 Religious Communities and American Politics (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

Study of the practices, beliefs, and institutions for diverse communities of faith in the United States. The course focuses on the interaction of groups with the larger culture and institutions of the nation. Communities of study include Native Americans, African-Americans, Protestants, Roman Catholics, Jews, Muslims, Buddhists, Latter Day Saints, Jehovah's Witnesses, and Scientologists, in addition to examination of the United States and California's religious communities.

**RS 105 Ritual/Symbol/Myth:  
Ways of Understanding Religion (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

The course introduces students to the religious dimensions of ritual, symbol, and myth in order to explore the nature of religion in traditional settings and in the popular cultures of the present.

**RS 106 Introduction to Judaism I (3)**

3 hours lecture

**Note:** Cross listed as JS 106

**Transfer acceptability:** CSU; UC

The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.

**RS 107 Introduction to Judaism II – Culture (3)**  
 3 hours lecture  
**Note:** Cross listed as JS 107  
**Transfer acceptability:** CSU; UC  
 A survey of the cultural and historical roots of the Jewish people from 2000 B.C. to the present; their role in the ancient Near East; relationships in the Western World from the Greco Roman period to the post World War II era; creation and development of the state of Israel; cultural, religious, and political impact on America and the world community.

**RS 110 Religion in America (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 An introduction to the rich diversity of religious experience in the United States exploring the impact religion has had on our nation's history and culture. Native American, Asian, African-American, Jewish, Roman Catholic, Protestant, and sectarian movements will be discussed.

**RS 120 Ethics of World Religions (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 A study of how world religions historically developed their ethical positions and how these are expressed today. Religious attitudes about women's rights, gay rights, the environment, business, death and dying, abortion, race relations, and sexuality will be discussed.

**RS 124 Islamic Cultures and Traditions (3)**  
 3 hours lecture  
**Note:** Cross listed as MCS 124  
**Transfer acceptability:** CSU; UC  
 An introductory course designed for students with a general interest in the Islamic world, including its history and cultural traditions. Examines the main social, traditional and legal institutions of Islam.

**RS 197 Religious Studies Topics (.5-4)**  
 Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture, laboratory, or lecture/laboratory may be scheduled by the department. Refer to Class Schedule.  
**Note:** May be taken 4 times.  
**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.  
 Topics in Religious Studies. See Class Schedule for specific topic offered. Course title will designate subject covered.

**Secretarial**

See Office Information Systems

**Sign Language**

See American Sign Language

**Sociology (SOC)**

See also American Indian Studies, Africana Studies, Chicano Studies

Contact the Behavioral Sciences Department for further information.  
 (760) 744-1150, ext. 2329  
 Office: W-16

**Associate in Arts Degrees -**

AA Degree requirements are listed in Section 6 (green pages).  
 • Alcohol and Other Drug Studies  
 • Psychological and Social Services

**Certificates of Achievement -**

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • Alcohol and Other Drug Studies  
 • Psychological and Social Services

**PROGRAM OF STUDY**

**Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

**A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 150	Introduction to Chemical Dependency	3
PSYC/SOC/ AODS 155	The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160	Prevention, Intervention, and Education	3
PSYC 225	Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250	Group Leadership and Process	3
PSYC/SOC/ AODS 255	Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260	Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299	Directed Field Experience II	6

**Group One (Select 3 units)**

SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

**Group Two (Select 4-5 units)**

PSYC/SOC/ AODS 140	Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5

**TOTAL UNITS 37 - 38**

Alcohol and Other Drug Studies is also listed in Alcohol and Other Drug Studies and in Psychology.

**Psychological and Social Services**

Provides the student with the academic training and hands on experience for entry-level employment in human services and serves as preparation for upper division course work.

**A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
COUN 100	Introduction to Basic Counseling Skills	3
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 140	Intro to Psychological and Social Services	4
PSYC 225	Psychology of Abnormal Behavior	3
PSYC 235	Learning/Behavior Modification	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

**Electives (Select 3 units)**

PSYC/SOC 105	Marriage, Family and Intimate Relationships	3
PSYC 110	Developmental Psychology – Child/Adult	3
PSYC 115	Psychology of Personal Growth	3
PSYC/SOC 120	Social Psychology	3