Undecided on a Major? Answer these questions to better understand your interests

Academic Interests

1. List which courses have you enjoyed the most?
2. List which subjects you enjoy reading about and studying?
3. List which activities you look forward to the most?
4. Which activities do you perform well that seem to be difficult for most other people?

General Strengths and Weaknesses

1. Which activities make you feel happy or important when you are doing them?
2. Which areas are most difficult for you? What do you struggle with?

Career Interests

1. What job or career interests you?
2. Is there a particular job setting that appeals to you?

Life and Work Values

1. List the three aspects of your life most important to you. These are things you would fight for or sacrifice something else to keep or obtain.

2. Consider these questions in relation to your ideal job. Do you want to (check):
   - Help others
   - Get public recognition
   - Discover something new
   - Work fewer hours so you have more leisure time
   - Travel
   - Have excitement or adventure
   - Be outdoors
   - Earn a great deal of money
   - Work alone
   - Work with people, animals or things (circle)

Need more help figuring out which major is best for you?

- Take Counseling 170 class, Major Search
- Make an appointment with a counselor
- Transfer majors go to www.ASSIST.org and click on explore majors