By "Action" Jack McClendon

The Jack List

Holiday on the farm: Bates Nut Farm's annual "Holiday Extravaganza" gift fair takes place today from 9:30 to 12:30 p.m. at Bates Nut Farm at 15954 Wood Valley Road, Valley Center. Guests will sample special gourmet soups, relishes, sauces, jellies, breads, oils, vines, fresh roasted nuts, dried fruit, homemade jellies and experience a wide selection of unique, handcrafted gifts. Information: (760) 749-3323.

Better holidays: The Sacred Pathway Bookstore presents "How to Avoid Family Arguments and Personal Depression During Thanksgiving" from 6 to 7 p.m. tonight and "How to Avoid Overspending During the Holidays" from 2 to 3 p.m. Nov. 20 at 300 Carlsbad Village Drive, Suite 103, Carlsbad. The workshops will address the root causes of holiday disagreements and the reasons why some people chronically overspend their budgets. Reservations are not necessary. Free, donations accepted. Information: (760) 551-0004; www.swissystem.com.

March of the Monarchs: The Agua Hedionda Lagoon Discovery Center hosts Bill Toomey's "The March of the Monarchs" special presentation on the migrating Monarch butterfly at 7 p.m. today at 1530 Cannon Road, Carlsbad. Toomey has spent many years working with endangered wildlife for the San Diego Zoological Society and is currently president of EcoLife Foundation. Free. Reservations are not necessary. Information: (760) 728-1669.

Questers' quest: The El Camino Real Chapter of the Questers wants community-minded people to join them in their quest to restore and preserve historical buildings and artifacts. Information: (760) 548-2564.

Finding a job: Palomar College hosts a free workshop on "The Fundamentals of Finding a Job" tonight from 6 to 7 p.m. at the Palomar College Career Center, 1140 W. Mission Road, San Marcos. "We'll help people to be effective in their job search...including preparation, networking job fairs, resume formatting, interviewing... motivation and time management," said Professor John Deck, founder and director of Palomar's Career Center. Free. Information: (760) 744-1140 ext. 3125, 2194 or 2189.

Latino success: Hispanic Americans for Progress will meet at 6 p.m. Dec. 7 at Casa Linda Restaurant, 721 S. Santa Fe Ave., Vista. The group is open to Latinos interested in expanding personal, political and professional success. Information: Frank, (760) 728-3562.

"Action" Jack McClendon, author of "The Time Gene: Magical Essentials in Creating More Personal Time," can be reached at (760) 754-1554; actionjacks@twinwinds.com. His column runs daily.