Change is focus of Career Center

SAN MARCOS — Tired of the drudgery of your job? Worn out the snooze button on your alarm clock putting off going to work for just five more minutes in the sack each morning? Then step right up.

All you have to do is call the Career Center at Palomar College and in two short hours, at no cost, you can focus in on a satisfying career tailor-made to special interests and skills you might not even be aware of.

“People think jobs have to be very laborious,” said John Dise, director of the center, who is calling for people unhappy with their jobs to make a New Year’s resolution to change careers. “They don’t think it can be something they enjoy.”

Dise gives the example of a woman who brought her husband to the center for a career assessment. He was unresponsive, forcing his wife to answer questions for him. When asked what he enjoyed doing in his spare time, he said, “Nothing.” But his wife pointed out that he was always in the garage working on neighbors’ electronic devices.

When asked why he didn’t get a job working on electronics, he said, “No, no, I do that because I enjoy it. That’s a hobby.” Today the man owns an electronics shop in San Marcos.

A recent Gallup poll reported that 51 percent of the work force is unhappy with its jobs. Factors contributing to this dissatisfaction are:

• Fear of making a career change.
• Lack of awareness of skills and aptitudes.

Dise cites a man who came to him wanting to be an ambulance driver and is now completing medical school.

• An inability to plan one’s career and life.

The group assessment session, to be next held on Jan. 11 at 6 p.m. The center’s service is free and available to all. Additionally, there is a three-meeting career-search class that costs about $25. For more information, call Dise at 744-1150, extension 2189.