NURS 203  Nursing Foundation II (1)
1 hour lecture
Prerequisite: A minimum grade of ‘C’ in NURS 103 or 110 or a copy of a current, active California LVN license in good standing must be on file in the Nursing Education Office prior to registering in this class.
Corequisite: NURS 118 or 217
Note: Graded only
Transfer acceptability: CSU
Builds on the foundation of Nursing 103 and 110. Critical thinking is utilized as a method to explore historical, political, educational, legal, ethical, and bioethical issues that impact nursing practice. Nursing organizations are researched via the internet with an emphasis on evaluation of nursing websites. Managerial concepts are introduced with a focus on decision making skills, managing resources, organizing time, delegating, and supervising care.

NURS 217  Nursing III (9)
4 hours lecture-15 hours laboratory
Prerequisite: A minimum grade of ‘C’ in NURS 118 or Admission to the Associate Degree Nursing Program (LVN-RN) or Admission to the non-degree program LVN-RN (30-unit option) and a minimum grade of ‘C’ in NURS 203, or concurrent enrollment in NURS 203.
Note: Graded only
Transfer acceptability: CSU
Builds on the first year of the program as a process for the development of complex thinking and decision making while caring for medical-surgical, gerontologic, and psychiatric clients. Theoretical concepts are expanded to include identification and prioritization of evidence based interventions for clients who have unpredictable outcomes or who demonstrate changes in health status. Students collaborate with the interdisciplinary team to manage and modify care of clients.

NURS 218  Nursing IV (9)
3½ hours lecture-16½ hours laboratory
Prerequisite: A minimum grade of ‘C’ in NURS 203 and 217
Note: Graded only
Transfer acceptability: CSU
Builds on Nursing 217 expanding nursing practice and critical thinking in the promotion, maintenance, and restoration of health for a group of clients. Students use evidence-based interventions and complex decision-making when caring for acutely ill medical-surgical clients with unstable health problems. Students work collaboratively with the interdisciplinary team to manage and coordinate care for a group of clients. Emphasis is placed on student roles as coordinators, facilitators, and client advocates as they progress toward a competent entry level nursing practice.

NURS 295  Directed Study in Nursing (1, 2, 3)
3, 6, or 9 hours laboratory
Prerequisite: Approval of proposal by the department chairperson
Note: Pass/No Pass grading only
Transfer acceptability: CSU
Designed for the student who has demonstrated a proficiency in nursing subjects and the initiative to work independently on a particular sustained project which does not fit into the context of regularly scheduled classes. Additionally, this course can be used for students transferring into the Palomar College nursing program. Course work would fulfill needed content and/or clinical laboratory time to meet the requirements of the Associate Degree Nursing Program.

Nutrition (NUTR)

Contact the Design and Consumer Education Department for further information.
(760) 744-1150, ext. 2349
Office: P-8A
For transfer information, consult a Palomar College Counselor:

NUTR 100  Introduction to Nutrition and Food Professions (3)
3 hours lecture
Transfer acceptability: CSU
Overview of nutrition, food science, dietetics, and fitness professions and disciplines. Employment trends, career issues, educational paths, ethical issues, and professional networking will be emphasized. Introduction to professional organizations and publications will be discussed.

NUTR 120  Food and Culture (3)
(Formerly FCS 150)
3 hours lecture
Transfer acceptability: CSU
Exploration of food as an expression of cultural diversity, and examination of how traditional foods reflect geographic area and culture. Regional, ethnic, cultural, religious, historical, and social influences on food patterns are examined. Influence of socio-economic class, beliefs, gender, and age on diet, health, and disease are also discussed.

NUTR 165  Fundamentals of Nutrition (3)
(Formerly FCS 165)
3 hours lecture
Note: Cross listed as HE 165
Transfer acceptability: CSU; UC – NUTR 165, NUTR 185, BIOL 185, HE 165
Combined: maximum credit, one course
The study of how food nourishes the body. Investigation of diet fads and fallacies, eating for fitness, and planning meals for optimum health throughout the life cycle.

NUTR 170  Nutrition: Eating Disorders and Obesity (3)
(Formerly FCS 170)
3 hours lecture
Transfer acceptability: CSU
Review of etiology, incidence, socioeconomic influences, and treatments. Interrelationships of genetics and environment (diet, exercise, and behavior) on weight management. Includes vocational information for working with the obese or eating-disordered.

NUTR 185  Science of Human Nutrition (3)
(Formerly FCS 185)
3 hours lecture
Recommended preparation: CHEM 110 and ZOO 200 or ZOO 203
Transfer acceptability: CSU; UC – NUTR 165, NUTR 185, BIOL 185, HE 165
Combined: maximum credit, one course
Science of food, nutrients, and other substances. Processes by which humans ingest, digest, absorb, transport, utilize, and excrete foods and nutrients are explored. Emphasis on biological, chemical, and physiological implications to human nutrition and overall health. Current nutrition recommendations and controversies are analyzed from a scientific perspective.

NUTR 190  Scientific Principles of Food Preparation (4)
2½ hours lecture – 4½ hours laboratory
Recommended Preparation: CHEM 110L and ENG 100
Transfer acceptability: CSU
Application of food science principles. Emphasis is on ingredient function and interaction, food preparation techniques, sensory evaluation standards, food safety and sanitation, and nutrient composition of food.

NUTR 197  Topics in Nutrition (0.5 - 3)
½ -3 hours lecture - ½-9 hours laboratory
Transfer acceptability: CSU
Topics in Nutrition. See Class Schedule for specific topics offered. Course title will designate subject covered.

Oceanography (OCN)

Contact the Earth, Space, and Aviation Sciences Department for further information.
(760) 744-1150, ext. 2512
Office: NS-110G
COURSE OFFERINGS

OCN 100  Oceanography Lecture  (3)  
3 hours lecture

Note: Not open to students with prior credit in OCN 101

Transfer acceptability: CSU; UC – OCN 100/100L and 101 combined: maximum credit, 4 units

An introductory course designed to acquaint the student with general oceanography. Topics treated include the history and scope of oceanography, properties of sea water, ocean currents, ocean waves and tides, submarine morphology and geology, marine sediments, life in the sea, and the significance of the oceans to man.

OCN 100L  Oceanography Laboratory  (1)  
3 hours laboratory

Prerequisite: A minimum grade of C in OCN 100, or concurrent enrollment in OCN 100

Note: Not open to students with prior credit in OCN 101

Transfer acceptability: CSU; UC – OCN 100/100L and 101 combined: maximum credit, 4 units

Laboratory and field investigations of marine environments including geologic, physical, chemical, and biological aspects of the ocean and coastal area. The course emphasizes changing physical factors and man’s activities as they affect the oceans.

OCN 197  Oceanography Topics  (.5 - 4)  

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

Transfer acceptability: CSU; UC – Credit determined by UC upon review of course syllabus.

Topics in Oceanography. See Class Schedule for specific topic covered. Course title will designate subject covered.

OCN 295  Directed Study in Oceanography  (1, 2, 3)  

Arrange 3, 6, or 9 hours laboratory with department chairperson

Prerequisite: A minimum grade of C in OCN 100 or 101

Transfer acceptability: CSU; UC – Credit determined by UC upon review of course syllabus.

Individual study in field, library, or laboratory for interested students.

Office Information Systems (OIS)

See Business (BUS)

Philosophy (PHIL)

Contact the Behavioral Sciences Department for further information.

(760) 744-1150, ext. 2330

Office: MD-261

Associate in Arts for Transfer

• Philosophy

Philosophy

The Associate of Arts in Philosophy for Transfer (AA-T) is designed to provide students an introduction to the major theories and methods of philosophical inquiry in preparation for upper-division course work at the university level. The degree offers the opportunity to gain a broad understanding of the main themes within the history of philosophy while at the same time developing analytical and critical reasoning abilities. Critical thinking is emphasized in all philosophy classes and students can apply their skills of critical thinking to philosophical problems in metaphysics, theory of knowledge, ethics, social and political philosophy and philosophy of religion. The major introduces students to both Western and non-Western philosophical traditions.

Pursuant to SB1440, the following completion requirements must be met:

“(1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:

(A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.

(B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.

(2) Obtainment of a minimum grade point average of 2.0.”

ADTs also require that students must earn a C or better in all courses required for the major or area of emphasis. A “P” (Pass) grade is not an acceptable grade for courses in the major.

AA-T TRANSFER MAJOR

Program Requirements (Select 2 courses)

PHIL 111  Introduction to Philosophy  3

PHIL 121  Introduction to Ethics  3

PHIL 116  Introduction to Logic  3

& PHIL 201  Symbolic Logic  3

List A (Select 1 course)

Any course not taken above, or

PHIL 113  Reasoning About Philosophical Issues  3

PHIL 140  History of Ancient Philosophy  3

PHIL 141  History of Modern Philosophy  3

PHIL 142  Contemporary Philosophical Movements  3

PHIL 200  Critical Thinking  3

List B (Select 2 courses)

Any courses not selected from List A, or

PHIL 122  Social and Political Philosophy  3

PHIL 126  Philosophy of Religion  3

List C (Select 1 course)

Any course not selected from List A or B, or

PHIL 114  Asian Philosophies  3

PHIL 125  Philosophy of Human Nature  3

PHIL 250  Philosophy in Literature  3

TOTAL UNITS  18

Note:

* Symbolic Logic is required by most transfer institutions. Please see ASSIST for your CSU major requirements.

COURSE OFFERINGS

PHIL 111  Introduction to Philosophy  (3)  
3 hours lecture

Recommended preparation: Eligibility for ENG 100

Transfer acceptability: CSU; UC

C-ID PHIL 100

Introduces philosophical ideas and methods concerning knowledge, reality and values. Expected topics will include the sources and limits of knowledge, and the nature of reality. Other topics that may be examined from a philosophical perspective include the nature of the self, truth, ethics, religion, science, language, beauty and art, political theory, or mind.