

Service Learning/Internship Opportunity ~ Fall 2018

College/University Students

Creative Projects to Impact Lives

For Students of Various Majors

Why Would I Choose this Experience?

Most of our college students have joined our team simply because they want to grow personally and develop strong relationships. You will also:

- Change others' lives
- Develop skills in your area of interest
- Grow leadership skills
- Explore career interests
- Receive school credit
- Build your resume
- Have fun

Am I Qualified?

On our SWITCH teams, we:

- Display enthusiasm
- Have a strong desire to learn
- Are team players
- Display humility
- Communicate effectively
- Work hard, display grit
- Take initiative
- Show up and are present

Complete Application @

<http://soleeffects.com/apply/>

“SWITCH Adventure” is a Program of SOLE Effects, a non-profit 501(c)3 organization
Contact Us @ www.soleeffects.com



Special Team Projects

The mission of SOLE Effects is to build mentoring cultures to navigate life with courage, confidence, and purpose.

“SWITCH Adventure” is a program that takes place in the springtime to develop leadership and life skills, enabling people to lead healthy lives. College students **receive** mentoring from experienced advisors and **provide** mentorship to 7th-9th grade students on 8 topics including passion/purpose, teamwork, empathy, stress control, direct communication, mind and body, healthy relationships, and leadership.

In the fall, special projects are carried out in order to ensure SWITCH is relevant by utilizing the latest research and the voices of our younger generation of college students. Both of the following opportunities to be part of creative teams, designing life-changing material, will positively impact you and your own life.

Curriculum Development & Publishing

As a team, we will refine and complete the curriculum which SWITCH mentors will deliver to 7th-9th grade students in the program. This includes lesson plans involving video/digital content, creating mini-skits, team building activities, etc.

Angst, Family Education Movie Events

Stress-induced forces are severely undermining the health of our youth, creating the worst anxiety epidemic in history. Suicide is the second leading cause of death for teens 15-19 in the U.S. As a collaborative team, we will plan, promote, and host a movie event to educate teens and their families, equipping them with the tools needed to prevent and overcome anxiety. This will take place at various venues in North County during October.

[Find Out More About "Angst"](#)

We will work with you on the number of hours needed for your college or university coursework!

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SOLE Effects doesn't just hold awesome events, they change lives by investing in people. Because of the opportunities they've given me, today I'm working to pursue my passion of media and making it my career.

*~ Zach Camerino
Camerino Films*

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I am a firm believer that volunteering with SOLE Effects played a key role in my acceptance to NYU. I am forever grateful to all our mentors, for empowering others to be their best selves.

~ Jonathan Gianni

It is our hope that you will consider joining our team, as we believe you will have an exceptional experience! We love what we do!

*~ Kevin & Karen Ogden
Co-Founders, SOLE Effects*