

WE ARE HERE FOR YOU!

BEHAVIORAL HEALTH COUNSELING SERVICES

PALOMAR COLLEGE

PHONE:
(760) 891-7531

Our team of Behavioral Health Counselors remains available to provide confidential counseling services for Palomar College students remotely. We request that students call ahead to speak with our administrative staff who will assist you with scheduling an appointment.

Hours of Operation:

Monday thru Thursday 8:00am-4:30pm
Friday 8:00am-3:30pm

For more information & resources, visit:
<https://www2.palomar.edu/pages/bhcs/>

Confidential & Culturally-Informed Services Include:

Counseling
Crisis Intervention
Outreach and Prevention
Consultation and Referrals

24/7 Support:

San Diego Access & Crisis Line
888-724-7240
Crisis Text Line
Text **"COURAGE"** to **741741**

